VIERIET X SEXMÄSTERIET PRESENTS





SMART CASUAL

This entails an attire where the gentleman's pants does not match the jacket - whilst remaining a proper tone. Here you should go for a seasonal sports coat or blazer, paired with a pair of informal pants of nicer quality, i.e. chinos. The ladies can choose between a semi-casual dress, a skirt or a fancier pair of pants matched with a dressy top or blouse. As for the shoes, the men can either go for a fancier, darker sneaker or a lighter dress shoe. Ladies are expected to wear heels.



This one is very self-explanatory for the gentlemen who should be dressed in smoking. The smoking should be monochromatic in either black, dark blue or dark grey paired with a dark coloured bowtie. The ladies are expected to wear a refined dress or longer character or a more sophisticated cocktail dress depending on the formality of the occasion. This dress code is less formal than white tie and more festive than dark suit so keep that in mind when choosing your attire. As for shoes, a black dress shoe is to prefer for the gentlemen whilst the ladies should wear a heel.



DARK SUIT

Here, the men wear dark grey, dark blue or black suits paired with either a tie or a bowtie. As for patterns on your suit, only the most discrete ones are okay, such as very thin lines. This should be paired with a darker formal shoe, i.e. a dress shoe. The ladies are expected to wear a dress of a more formal character, preferably one that reaches beneath the knee. This should be paired with a higher heel.



White tie is the most formal of all attires that you will wear here in Lund. The gentlemen should wear black pants with a matching tailcoat, paired with an all-white shirt, waistcoat and bowtie. Accessories such as cufflinks and a white napkin are highly encouraged. For the ladies, a grand floor-length dress of formal character is the correct attire. As for the shoes, a patent leather formal shoe is suitable for the men whilst the ladies should wear a heel.

This is the only attire that allows you to wear medals, which should be worn on the left side of your chest. Within LundaEkonomerna, it is custom that the ladies only wear three medals that should be attached to a medal brooch. If you are having a hard time choosing your medals, an appropriate choice would be to always include the medal you received by attending the event in question as well as the medals you are the most proud of. The gentlemen can fill their tailcoats with however many medals they want, as long as they are correctly worn.



BE ON TIME

Arrive a few minutes earlier than your time slot so you can take some nice pictures in Lundagård, but make sure to arrive at the entrance on time.

NEVER BRING LIQUIDS

All beverages or liquids are strictly prohibited and will be confiscated at the door. Alcohol is strictly forbidden and will get you thrown out.

DRESS ACCORDINGLY

The dress code of the evening should be included on the invitation and should be followed at all times.

DURING THE SITTNING

HAVE FUN

Let us not forget that we are here to have fun!

WAVING THE NAPKIN

Is strictly forbidden. The napkin should be placed in your lap and nowhere else. The only exception is the last song, where you are allowed to wave the napkin. When doing so, please blow out the candles first.

STANDING ON CHAIRS OR TABLES

Is strictly forbidden. There is one exception to this rule: during the last song of the sittning, you are allowed to stand on your chair. You are never, under no circumstances, allowed to stand on the tables.

BANGING ON TABLES AND STOMPING ON THE FLOOR

Is strictly forbidden. Please clap your hands instead.



DURING THE SITTNING - CONT

SPONTANEOUS SINGING

This is strictly forbidden. During a sittning, no spontaneous singing is allowed; this includes 'Bordsskål', 'Fulskål', and very importantly, 'Lambo'. The toastmasters of the evening have prepared a schedule filled with songs, so do not despair.

HAVE RESPECT

LundaEkonomerna treats fellow members as well as others the same way, with respect. This is very important during speeches where we always remain silent and listen to the speaker.

USE THE RESTROOMS DURING PAUSES

When leaving the dining hall during the sittning, you will not be allowed in until the next break. You are therefore highly encouraged only to use the restroom during the pauses.

LISTEN TO SEXMÄSTERIET

Sexmästeriet is always the highest power of authority within LundaEkonomerna on a sittning. They have permission to discard you from the sittning at any point of the evening, which makes the following rule very essential: Listen to Sexmästeriet.

HAVE FUN

Something that's definitely worth repeating, we are here to have fun!



CUTLERY

When attending a sittning, you always start by using the utensils on the outside of the table setting to then work your way in. Typically, the cutlery used for desserts are placed above your dinner plate and should naturally be used last.

SEATING

At a sittning there will be a predetermined seating arrangement. It is very important to respect these arrangements and to directly find your designated spot when entering the dining hall - the seating arrangements are usually printed by the entrance. When you have done so, always wait to be seated - often everyone sits simultaneously but during balls, 'honnören' always sits first.

TOASTING

When there is time to toast, the gentlemen will lift their glass and begin to toast with their table partner to their right. They will then continue to toast the person to their left, and finish by toasting the person right in front of them. It is important to always make eye contact with all three parties before the sipping of the drink and never to sip or put down your glass before the toaster does. To toast fully correctly, the glasses should not touch each other.

COMMON SENSE

Always respect the person that is holding a speech by keeping quiet and waiting to continue eating until the end of the speech.



TABLE PARTNER

Traditionally, the gentlemen attending a sittning will always have a 'bordsdam' to their right which they will provide pleasant company and conversation to during the evening. However, nowadays it is not as gendered, and the exchange is much more mutual. Instead, it is always important to make sure your table partner is not lacking social exchange and to always bring a table partner gift when the invitation indicates it.

'BORDSPRESENT'

When the invitation has said so, all parties attending the sittning should bring a gift for their table partner; a so-called, 'bordspresent'. This gift should cost no more than about 50 kr and alcohol, fluids, food, cigarettes, weapons, throwable stuff and drugs are strictly prohibited.

HONNÖREN

Honnören, or the table of honor is the table of which the hosts are seated on. During balls or finer occasions, no one gets seated before the table of honour.

NAPKINS

The napkin provided to you should be unfolded and placed in your seat upon seating. When leaving the table for the breaks, neatly place your napkin on the seat of your chair - not at the table nor the back of the chair. Never wave your napkin.



THANK YOU!

KISSES AND HUGS,







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